



ST. THOMAS AQUINAS REGIONAL SECONDARY SCHOOL

FAITH | COMMUNITY | EXCELLENCE

SERVICE HOURS INFORMATION & VERIFICATION

The **STA Service Program** is an opportunity for students to be SAINTS within our community. This program is a *requirement* of our Career Education curricula. We want our students to give of their time and engage in opportunities that utilize their talents, interests and skills. It enables students to practice the values which are integrated into all aspects of learning and life at the school.

What does it mean to be a **STA SAINT**?

RESPECT Our actions demonstrate that we value, and care for our school and every individual.

PERSEVERANCE We always strive to work hard, do our best, and never give up.

RESPONSIBILITY We recognize that our actions affect ourselves and others, and that we all have a role in building a positive and safe school environment.

COMMUNITY We work together. We are Aquinas.

FAITH Our Catholic faith permeates all that we do and who we are.

Note: Faculty/Administration will review all activities to ensure they reflect the philosophy of the Service Program.

ACTIVITIES **APPROVED** FOR SERVICE HOURS

School Events/Opportunities

- ✓ International Night
- ✓ Craft Fair
- ✓ Peer Tutoring through School programs such as LRC/Homework club
- ✓ Running a school club
- ✓ Event setup/take down
- ✓ Sound Crew Events
- ✓ Baking (events)
- ✓ Door is Open
- ✓ Alumni Events
- ✓ Grounds crew

Parish Opportunities

- ✓ Parish Events
- ✓ Altar Serving
- ✓ Singing in Choir
- ✓ Prep Teaching
- ✓ Youth Ministry Leader

Community Opportunities

- ✓ Coaching
- ✓ Festival & Community Events – e.g., Terry Fox Run, CoHo Run
- ✓ Summer Camp Volunteering

ACTIVITIES **NOT APPROVED** FOR SERVICE HOURS

- Babysitting
- Dog walking
- Household Chores, Gardening, and Maintenance
- Any paid work
- School required participation (No double dipping for other course requirements e.g., PHE)
- Working for family business - paid or unpaid
- Working/helping a family member or friend, neighbour, or one specific individual

If an activity is not on the list of approved activities, students are asked to receive approval from their homeroom teacher and/or administration.

ST. THOMAS AQUINAS REGIONAL SECONDARY SCHOOL - SERVICE HOURS VERIFICATION

Student Name: _____ **Homeroom Teacher:** _____

| Verifier Name & Contact Details : | | | |
|-----------------------------------------------------------------------------------------------------------|-----------------------------|--------------------|---------------------------------------------------------------------------------------------|
| *Name: _____ (Please print full name) | | Email: _____ | |
| Organization: _____ | | Phone: _____ | |
| Signature of Verifier: _____ | | | |
| *Note to verifier: The school may contact you to confirm student service hours are accurate and complete. | | | |
| Service Hour Activity (include details of duties/responsibilities) | Date of Activity (D/M/Y) | Number of Hours | Please use the following scale that reflects student's performance completing task(s) |
| | | | |

Student performance in relation to STA Saint values - *Respect, Perseverance, Responsibility, Community, Faith* observed during the completion of service hours.

| Emerging | Developing | Proficient | Extending |
|-------------------------------------------------------------------------------|---------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|----------------------------------------------------------------------------------------|
| The student demonstrated a basic understanding of the STA Saint values | The student demonstrated a partial understanding of the STA Saint values | The student demonstrated a complete understanding of the STA Saint values. | The student exceeded expectations and wholeheartedly embraced STA Saint values. |

Student Description of Service Activity (Required)

Student Reflections (Required) *Explain how this experience helps you to live the STA SAINT values*