



November 12, 2025

Dear Parents & Guardians,

STA is once again offering a *Ski & Snowboard Lesson and Recreation Program* through Grouse Mountain. The program runs for four Fridays in early 2026: January 09, 16 and 30 as well as March 13. The lesson program includes a two hour lesson at your child's ability level followed by an evening of free skiing. Please note that while chaperones will participate in the program along with the students, students will not be under direct supervision during the free skiing. Equipment rental for skiing and snowboarding is available on site. Students who have their own equipment need not pay for these expenses. Should a session be cancelled by the mountain, the group will go up at the end of March to make up for the lost lesson.

### **Transportation**

Students will leave the school at 2.45pm each Friday and can be picked up from the parking lot at the base of Grouse Mountain at 9:15pm. Students are not permitted to drive themselves to this event. Students have the option of taking the school bus or being driven by their parents from St. Thomas Aquinas High School to Grouse Mountain. If you can assist in this regard, kindly contact Mrs. C. Sawdon at [sawdon@aquinas.org](mailto:sawdon@aquinas.org). Please do not wait for a phone call before coming to collect your child – this results in a long wait for supervising teachers.

### **Meals**

You may choose to prepay for meals from Lupin's Café. This means that your child will not need to carry cash (other than for the cost of a locker rental). The cost of the meal is indicated on the registration form. Students have a choice of one of the selections for the four sessions. There are no substitutions with this offer. Please add the cost of the meal to your payment if you wish to take part in the offer, otherwise full food prices apply on the mountain. You may also choose to send a bagged dinner with your son or daughter.

### **Lockers and Storage**

Students may store their belongings in the lockers located in the Outpost Rental Shop or in the Bag Check Alpine Guest Services located at the Peak Chalet. Locker rentals at the Outpost are \$3.

### **Student Conduct**

Students and parents are reminded that all aspects of the school's behaviour code apply for the duration of the Ski Program sessions. Students must also abide by the Alpine Responsibility Code. The most important aspects of this code are always skiing with a partner, and always staying within bounds of the designated ski areas. Failure to observe these aspects of the code can lead to tragic consequences. Students and parents are advised that **any incidents of rude or**



**challenging behaviour, failure to meet at a designated time or place, skiing out of bounds, skipping a lesson, use of the Terrain Park**, etc. may result in their immediate suspension or dismissal from the program **without refund**. Grouse Mountain staff see many school children each year and we want them to conclude that STA students are an impressive group of young people. Roll call will be taken before we leave STA at 2.45pm, at the base of the mountain at 3.30pm and the final one after dinner at 7pm. **While chaperones will remain on the mountain until 9.15pm, students will not be expected to report in again. They should ensure that they have transport home.**

### Required Forms

Please read the attached information and return it to the school along with your payment by Friday, December 12, 2025. All cheques should be made payable to Saint Thomas Aquinas High School.

1. **Parent Information Letter (this letter):** please read and keep this important information
2. **Registration Form:** please complete, calculate your payment, and return to the school with a cheque made out to STA.
3. **Ski & Snowboard Safety Information Form:** the mountain has online waivers. I will post the link on the Ski Club Google Classroom. These need to be signed before your child begins the program.
4. **Equipment Rental Waiver and Rental Information Form:** please complete (renters only) and return with your payment.
5. **Medical Form:** please complete and return to the school. Please pay particular attention to the request for an emergency contact number. This must be an individual whom we can reach in the event you are unavailable, and whom you feel can provide consent for medical care on your behalf.

Students **must** attend a mandatory information meeting on Tuesday, January 06, 2026 at lunch hour. Students should also join the Ski Google Classroom, join code **fetvewvq** to keep abreast of any changes. If you have any further questions, please do not hesitate to contact me at 604-987-4431 during the day. You may also want to view more information about the mountain and the ski school at [www.grousemountain.com](http://www.grousemountain.com). Students should

Sincerely,

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**Mrs. Carol Sawdon**

*Ski & Snowboard  
Program Coordinator*

**Mr. Mieszko Krol**

*Principal*