



STA At-a-Glance

**Week 18: January 6 -
January 13, 2026**

KUDOS



Speech Arts 2025 was truly a remarkable event last December. The speeches showcased a wonderful diversity of topics, highlighting the breadth of talent and perspectives within the student body. The vulnerability of the speakers, who bravely shared personal stories and insights, was deeply admired by all. The student audience was incredibly respectful, creating a supportive and encouraging environment. A heartfelt thank you to all the English teachers, staff, and students who worked

together to make this memorable production possible. Your efforts truly made this event unforgettable!

If you were not in attendance, or you would like to see some of the speeches again, click on the link [here](#).

OFFICE UPDATES



January 2026 Exam Schedule

		Grade 8	Grade 9	Grade 10	Grade 11	Grade 12
Monday, January 19	8:25 AM	Career Education 8 and 9 Workshop		English 10	Religion 11	Religion 12
	12:25 PM					
Tuesday, January 20	8:25 AM			Literacy Assessment 10 Religion 10 Projects		History 12
	12:25 PM		Science 9	Literacy Assessment 10 Religion 10 Projects	Chemistry 11 Life Sciences 11	AP Computer Science Honours English 12
Wednesday, January 21	8:25 AM			Foundations of Math & PreCalculus 10 Workplace Math 10	PreCalculus 11 Foundations of Math 11	PreCalculus 12 Foundations of Math 12
	12:25 PM	Religion 8	Social 9			Comp Cultures Literature 12
Thursday, January 22	8:25 AM	Math 8 Math 8/9			English 11 Honours English 11	Anatomy 12 Physics 12
	12:25 PM		Math 9	Literacy Assessment 10 Religion 10 Projects	Marketing 11	Psychology 12
Friday, January 23	8:25 AM				Physics 11	Chemistry 12 Philosophy 12
	12:25 PM			Science 10		Literacy Assessment 12 Political Studies
Monday, January 26	8:25 AM	Science Fair				Calculus AP Calculus Literacy Assessment 12
	12:25 PM	Science Fair				Literacy Assessment 12

AM EXAMS: Students must be in the gym for morning exams at 8:25am

PM EXAMS: Students must be in the gym for afternoon exams at 12:25pm

January 2026 Exam Schedule - January 19-26, 2026

The mid-term exam schedule, including expectations, has been posted on the [website](#).

Classes will not be in session during exam week.

The Career Education workshop on Monday, January 19 is mandatory for all Grade 8 and 9 students. Students are asked to bring their phone (if they have on) and a laptop computer to the session.

If a student will be away from school during exams or will be missing a scheduled exam due to other commitments, please inform the [office](#) and [Mr. Salituro](#) as soon as possible.



SERVICE HOURS INFORMATION & VERIFICATION

The STA Service Program is an opportunity for students to be SAINTS within our community. This program is a requirement of our Career Education curricula. We want our students to give of their time and engage in opportunities that utilize their talents, interests and skills. It enables students to practice the values which are integrated into all aspects of learning and life at the school.

What does it mean to be a STA SAINT?

- RESPECT - Our actions demonstrate that we value, and care for our school and every individual.
- PERSEVERANCE - We always strive to work hard, do our best, and never give up.
- RESPONSIBILITY - We recognize that our actions affect ourselves and others, and that we all have a role in building a positive and safe school environment.
- COMMUNITY - We work together. We are Aquinas.
- FAITH - Our Catholic faith permeates all that we do and who we are.

Note: Administration will review all activities to ensure they reflect the philosophy of the Service Program.

ACTIVITIES APPROVED FOR SERVICE HOURS

School Events/Opportunities

- ✓ International Night
- ✓ Craft Fair
- ✓ Peer Tutoring through School programs such as LRC/Homework club
- ✓ Running a school club
- ✓ Event set-up/take-down
- ✓ Sound Crew events
- ✓ Baking (school events)
- ✓ Doors Open
- ✓ Alumni Events
- ✓ Grounds crew

Parish Opportunities

- ✓ Parish Community Events
- ✓ Altar Serving
- ✓ Singing in Choir
- ✓ Prep Teaching
- ✓ Youth Ministry Leader

Community Opportunities

- ✓ Coaching/Assistant Coaching a team
- ✓ Festival & Community Events - e.g., Terry Fox Run, CoHo Run
- ✓ Summer Camp Volunteering
- ✓ Elementary School events
- ✓ Volunteering at library, seniors home, charities

EXAMPLES OF ACTIVITIES NOT APPROVED FOR SERVICE HOURS

- ☐ Babysitting
- ☐ Dog walking
- ☐ Picking up garbage in the neighborhood
- ☐ Household Chores, Yard work, and Maintenance
- ☐ Any paid work
- ☐ School required participation (No double dipping for other course requirements e.g., PIR)
- ☐ Volunteering to work for a business
- ☐ Working/helping/coaching a family member or friend, neighbour, or specific individuals even if no unpaid
- ☐ Tutoring of friends, classmates, other individuals that is not through the school peer tutoring program

If an activity is NOT on the list of approved activities, students are asked to receive prior approval from their Religion teacher and/or administration or risk having the activity not count as community service.

Service Hours Due This Week

All STA students are required to complete 16 hours of Community service for the 2025-26 school year. The first 8 hours of service are due this week and must be handed into your child's Religion teacher. See the [link](#) for a description of acceptable forms of Community service or contact your child's Religion teacher for more information.

Tax Receipts for Donations

If you made a donation to the Walkathon or Annual Fund by cheque in 2025, you will be sent your tax receipt **by email** within the next few days. Gifts made online were automatically sent a tax receipt at the time the donation was made. **If you made more than one donation, you will receive a separate tax receipt for each donation.** Our current software is being updated and we expect to be able to consolidate receipts in 2027.

If you do not receive your tax receipt by the end of this week by email, please contact our **Advancement Office**

STA Ski & Snowboard Club - Friday, January 9

This Friday marks STA's first Ski and Snowboarding Club's session on Grouse Mountain. We have a record number of students who are participating. Parents of student participants are reminded to sign the mountain's waiver and students are encouraged to post photos on the Ski Club's Google Classroom.





Join the STA Sun Run Team for 2026

Exciting news, STA Parents, Guardians, Students and Teachers! We are gearing up for the 2026 Sun Run and YOU are invited to be part of our amazing STA Team! Here's your chance to get active, represent our school, and enjoy a fun challenge together. Whether you're a seasoned runner or just starting out, this is a great opportunity for everyone! Click on **Register Today** and then choose a **Team Division - Join a Team** (- Team Division - In Person 10K - YOUTH (18 and Under) and scroll to STA (High school) (Tony Domina) and Access Code: **YNZCFE**. Everyone is welcome! Let's come together as an STA community, have fun, stay active, and show our school spirit on race day!

UPCOMING EVENTS

Check out the school **calendar** for these and other events:

January

8, 15 and 23 - Men's Hostel Ministry - Baked Goods or Sandwich Drop Off at 8:00 - 9:00am

9, 16 and 30 - Ski and Snowboard Club at 3:00pm

15 - PAC meeting at 9:30am

16 - Spirit Day

19 - 26 - **Mid Term Exams**

26 - Grade 8 Science Fair

27 - Term 2 Starts: Day 1 - Reverse Blocks (D, C, B and A)

ATHLETICS SURVEY

Athletics Survey - for Fall Season Sport

This **survey** is for all Student - Athletes and their Parent / Guardian(s) involved in a **Fall sport (only)** such as Cross Country, Swimming, Boys Soccer, Girls Volleyball, Boys Volleyball, Girls Field Hockey, and Rowing. If you had more than one child participate on a team, please do separate surveys. The information collected will be kept confidential and used to improve the athletic program at St. Thomas Aquinas. If you would like to meet with the Athletic Director to discuss the survey further, please contact Nick Allen at nallen@aquinas.org



STA Fall Season Teams



CAMPUS MINISTRY



STA Men's Hostel Ministry - Thursday, January 8 at 8:00 - 9:00am

There is a food collection for the shelter this Thursday! If you are looking for a way to complete your service hours by feeding the hungry, bring your home made, individually wrapped, sandwiches and baked goods to the Campus Ministry office before school on Thursday! You will receive 1 service hour for every 12 items you make and bring in. Thank you for your thoughtfulness in making food and bringing joy to those in need. You will only receive hours for items that are home made. Store bought items do not count for service hours.

PARENT VOLUNTEER OPPORTUNITIES

Help Needed

- **Parent Judges for the Grade 8 Science Fair** - January 26, 2026 (your child doesn't need to be in grade 8 in order for you to volunteer).
- We are looking for a full time volunteer to help **wash/clean the school bus** a few times per month. There would be two of you, and we are preferably looking for a male helper. If interested in finding out more please contact **Carmen**.
- The **landscaping team** is looking for a part-time volunteer (min 3hrs/month) to ensure that the gardening equipment, fuel and supplies are in good working order. Commitment is from February-November each year. All associated costs are reimbursed. Please contact **Kathleen Jessop** for more information.
- **Cafeteria** - full time shifts available: Mon (8:30am - 11:00am); Mon, Wed and Thu (11:30pm - 2:00pm). Please contact **Claudia Montagut** if interested.
- **Traffic duty volunteers** - full time shifts: mornings: Mon (8:45am - 9:30am) and Tue-Fri (8:00am - 8:45am) and afternoons: Mon-Fri (2:45pm - 3:30pm). If you are interested please contact **Karen Lo**

Click [here](#) to sign-up and review the current opportunities in the portal. Your support is truly appreciated.



