



STA At-a-Glance

Week 19: January 13 -
January 20, 2026

KUDOS



Kudos to Gr. 8 Boys Basketball Team

The boys brought home some hardware after finishing in 2nd place at the Vancouver Technical Secondary School Invitational Tournament over the weekend. The team followed up comfortable wins over Britannia and Van Tech with a defeat to Quad A powerhouse Vancouver College in the final.

The road to the North Shore title resumes this week with both Red and White teams in action on Monday and Wednesday.

Congratulation to Sr. Boys Basketball team

The Senior Boys finished 3rd in the Johnston Heights tournament, losing to the champions the 4A-ranked Grandview Heights, by only eight points in the semifinals. They defeated Burnaby Mountain, Earl Marriott and the host Johnston Heights. Players of the game were awarded to Gio P, Jackson P, Lewis J and Elye S for their exceptional performances. Gabe B received a tournament all-star honour.





Kudos to Sr. Girls Basketball team

The senior girls basketball team delivered an impressive performance at the Notre Dame Tournament this past weekend, showcasing incredible energy and a relentless competitive fire from start to finish. They played with confidence and intensity, pushing the pace and challenging every possession on both ends of the court. Their accurate shooting was a standout, as they consistently knocked down key shots and capitalized on scoring opportunities. Overall, the team's focus, teamwork, and determination made for a

strong showing and reflected the hard work they've been putting in all season.

Praise to Gr. 8 Girls Basketball team

This past weekend, the Grade 8 girls basketball team competed in the St. Pat's tournament, giving their all in every game. Each matchup was hard-fought, and while the scoreboard didn't always reflect it, the team's determination and resilience shone through. Throughout the tournament, we learned a great deal about our ability to stay focused under pressure and support one another on and off the court. The players demonstrated not only their commitment to improving their skills but also their commitment to each other, proving that teamwork and perseverance are just as important as winning. It was an inspiring weekend that highlighted both our growth as athletes and as a team.



From your very Proud Team Sponsor, Ms. Sherrill



Kudos to Grade 10 Boys Basketball Team

The team travelled to Pitt Meadows Secondary on Friday and Saturday to compete in a tournament. Despite tough losses in their first two games, the team showed strong resilience and growth, bouncing back to earn a well-deserved win in their third game. The experience was a valuable step forward as the team continues to develop and compete.

Kudos to everyone who brought in candy and helped make candy bags! **Good Shepherd Ministry** picked up 30 bins of candy, filling two pickup trucks! These candy bags will allow the volunteers to share a moment of connection and joy with those living on the streets, reminding them that there are people who care for them.



Congrats to STA alumna Julianne Glowacki '25 who received The Governor General Award

This medal is awarded to graduating students at each school across Canada graduating with the highest academic average. The average includes all grade 11 and grade 12 courses as listed on the student's official Transcript of Grades issued by the Ministry of Education. It is presented by the educational institution on behalf of the Governor General. It is one of the most prestigious awards that a student in a Canadian educational institution can receive.

Julianne is currently studying Sciences at UBC.

Kudos to Miquella S

After hard work in this significant achievement, Miquella received her 2nd Black Belt in Taekwondo.



STA COMMUNITY DIRECTORY



Community Directory - Who Are the People in Your Neighbourhood?

The STA Community Directory is an online resource of businesses owned or managed by STA parents, alumni parents and alumni.

STA Parent, Tom Sharp, recently accessed the portal looking for automotive help. “The Directory is simple to use and it was easy to locate a car repair business”, says Tom. “We contacted DeRosa Automotive Services which is managed by current parents, Ryan Elm and STA alumnus, Annarita Elm '97. We're very pleased with the level of service and repair. I highly recommend that STA families use the Directory as a source of businesses to support.”

Check out this week's business highlights below. And click [here](#) to review the Directory and/or to add your business to the listings.



Robert Galletti, Current Parent – Bernard LLP

Bernard LLP is a leading Vancouver law firm providing services in maritime, construction & infrastructure, technology, insurance, corporate & commercial, capital markets,

employment, environmental, family, and litigation. Robert advises private & public companies and their founders and investors on a full range of business, finance, and regulatory matters.

Grace Ng, Current Parent - Ollie Quinn Lonsdale

From eye wear, contact lenses and eye exams, Grace and **Ollie Quinn Lonsdale** will have you looking and seeing your best for all of your eye care needs.

OLLIE QUINN

OFFICE UPDATES



Dear Parents,

We understand that parking around the school can be limited during student drop-off and pick-up times.

Please do not block the flow of traffic on Keith Road. Both lanes must remain clear.

We also kindly ask that you respect the posted signage indicating that the staff parking lot may not be used for student drop-off or pick-up.

Using the staff lot for this purpose creates a safety concern, as vehicles are driving through the area and, in some cases, parking illegally while students are exiting the building.

To help ensure everyone's safety, please park on the north side of Keith, farther up the road on the south side of Keith, or on Forbes. Asking your children to walk one block is reasonable and helps prevent unsafe conditions on the street and in the parking lot.

Thank you for your cooperation and for helping us keep our school community safe.

Sincerely,
STA Administration

Spirit Day - Friday, January 16

Students can come dressed in Ski and Board Gear in exchange for a canned good or \$2+. Collections will be taken during the first block and all proceeds go to the STA Campus Ministry. For those students who do not participate, full school uniform is required.





January 2026 Exam Schedule

| | | Grade 8 | Grade 9 | Grade 10 | Grade 11 | Grade 12 |
|----------------------------------|----------|-----------------------------------|-----------|--|--|---|
| Monday, January 19 | 8:25 AM | Career Education 8 and 9 Workshop | | English 10 | Religion 11 | Religion 12 |
| | 12:25 PM | | | | | |
| Tuesday, January 20 | 8:25 AM | | | Literacy Assessment 10 Religion 10 Projects | | History 12 |
| | 12:25 PM | | Science 9 | Literacy Assessment 10 Religion 10 Projects | Chemistry 11 Life Sciences 11 | AP Computer Science Honours English 12 |
| Wednesday, January 21 | 8:25 AM | | | Foundations of Math & PreCalculus 10 Workplace Math 10 | PreCalculus 11 Foundations of Math 11 | PreCalculus 12 Foundations of Math 12 |
| | 12:25 PM | Religion 8 | Social 9 | | | Comp Cultures Literature 12 |
| Thursday, January 22 | 8:25 AM | Math 8 Math 8/9 | | | English 11 Honours English 11 | Anatomy 12 Physics 12 |
| | 12:25 PM | | Math 9 | Literacy Assessment 10 Religion 10 Projects | Marketing 11 | Psychology 12 |
| Friday, January 23 | 8:25 AM | | | | Physics 11 | Chemistry 12 Philosophy 12 |
| | 12:25 PM | | | Science 10 | | Literacy Assessment 12 Political Studies |
| Monday, January 26 | 8:25 AM | Science Fair | | | | Calculus AP Calculus Literacy Assessment 12 |
| | 12:25 PM | Science Fair | | | | Literacy Assessment 12 |

AM EXAMS: Students must be in the gym for morning exams at 8:25am

PM EXAMS: Students must be in the gym for afternoon exams at 12:25pm

January 2026 Exam Schedule - January 19-26, 2026

The mid-term exam schedule, including expectations, has been posted on the [website](#).

Classes will not be in session during exam week.

The Career Education workshop on Monday, January 19 is mandatory for all Grade 8 and 9 students. Students are asked to bring their phone (if they have one) and a laptop computer to the session.

If a student will be away from school during exams or will be missing a scheduled exam due to other commitments, please inform the [office](#) and [Mr. Salituro](#) as soon as possible.



SERVICE HOURS INFORMATION & VERIFICATION

The STA Service Program is an opportunity for students to be SAINTS within our community. This program is a requirement of our Career Education curricula. We want our students to give of their time and engage in opportunities that utilize their talents, interests and skills. It enables students to practice the values which are integrated into all aspects of learning and life at the school.

What does it mean to be a STA SAINT?

- RESPECT - Our actions demonstrate that we value, and care for our school and every individual.
- PERSEVERANCE - We always strive to work hard, do our best, and never give up.
- RESPONSIBILITY - We recognize that our actions affect ourselves and others, and that we all have a role in building a positive and safe school environment.
- COMMUNITY - We work together. We are Aquinas.
- FAITH - Our Catholic faith permeates all that we do and who we are.

Note: Administration will review all activities to ensure they reflect the philosophy of the Service Program.

ACTIVITIES APPROVED FOR SERVICE HOURS

- School Events/Opportunities
- ✓ International Night
 - ✓ Oull Fair
 - ✓ Peer Tutoring through School programs such as IRC/Homework club
 - ✓ Running a school club
 - ✓ Event setup/take down
 - ✓ Student Group Events
 - ✓ Baking (school events)
 - ✓ Door is Open
 - ✓ Alumni Events
 - ✓ Grounds crew

Parish Opportunities

- ✓ Parish Community Events
- ✓ Altar Serving
- ✓ Singing in Choir
- ✓ Prep Teaching
- ✓ Youth Ministry Leader

Community Opportunities

- ✓ Coaching/Assistant Coaching a team
- ✓ Festival & Community Events - e.g. Terry Fox Run, Oull Run
- ✓ Summer Camp Volunteering
- ✓ Elementary School events
- ✓ Volunteering at library, seniors home, charities

EXAMPLES OF ACTIVITIES NOT APPROVED FOR SERVICE HOURS

- ☐ Babysitting
- ☐ Dog walking
- ☐ Picking up garbage in the neighborhood
- ☐ Household Chores, Yard Work, and Maintenance
- ☐ Any paid work
- ☐ School required participation (No double dipping for other course requirements e.g. P.E.)
- ☐ Volunteering to work for a business
- ☐ Working/helping/coaching a family member or friend, neighbour, or specific individuals even if its unpaid
- ☐ Tutoring of friends, classmates, other individuals that is not through the school peer tutoring program

If an activity is NOT on the list of approved activities, students are asked to receive prior approval from their Religion teacher and/or administration or risk having the activity not count as community service.

Community Service Hours past due!

All STA students are required to complete 16 hours of community service over the course of the 2025-26 school year. Eight (8) service hours were due to be submitted to Religion teachers last week.

Emails have already been sent home for students who have not submitted any hours or whose submitted hours did not qualify as approved service.

Students who have not submitted their community service hours will be followed up with by Administration and may be assigned to complete service hours on campus.

Thank you for supporting this important endeavor. Community service is a key part of what defines us as a Catholic school.

More information about service hours, including the required form, can be found on the [school website](#).

Pastor Authorization Forms 2026-27 School Year

All Category 1 and 2 families should have received an email on Friday, January 9 with the Pastor Authorization form for the 2026-27 academic year. Please return the form to the office by **Friday, January 23**.

If you did not receive this email, please contact [Christina Donovan](#).

UPCOMING EVENTS

Check out the school [calendar](#) for these and other events:

January

- 15 and 23 - Men's Hostel Ministry - Baked Goods or Sandwich Drop Off at 8:00 - 9:00am
- 15 - Parent Association meeting at 9:30am at Alumni Room
- 16 and 30 - Ski and Snowboard Club at 3:00pm
- 16 - Spirit Day - Ski and Board Gear
- 19 - 26 - **Mid Term Exams** - Classes will not be in session
- 26 - Grade 8 Science Fair
- 27 - Term 2 Starts: Day 1 - Reverse Blocks (D, C, B and A)

February

- 1 - Door is Open
- 4 - Early Dismissal at 1:00pm
- 12 - 13 - SCHOOL CLOSED - Catholic Educators Conference
- 16 - SCHOOL CLOSED - Family Day

MESSAGE FROM ATHLETIC DIRECTOR

Hardwood Heroics: Basketball Hits High Gear!


Basketball season is in **full court press mode**, and this week is massive for our Saints!

- **Senior Girls Senior Night:** Join us this **Tuesday, January 13 at 7:30pm** as our Senior Girls take on Seycove. This is a special home game where we'll be honoring our incredible Grade 12 players - come out, wear your school colours, and help us say thank you to our graduating seniors!
 - **BC Catholics:** Both our Senior Boys and Senior Girls are hitting the road this week to compete in the prestigious **BC Catholics Tournament** at Holy Cross. We wish both teams the best of luck as they represent STA on the big stage. **Go Saints!**
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Spring Sports Preview: Something for Everyone!

It's time to look ahead! We have a stacked lineup for the Spring season. Whether you're a veteran athlete or looking to try something brand new, there is a place for you.

The Classics Are Back:

-  **Badminton**
-  **Mountain Biking**
-  **Track & Field**
-  **Girls Soccer** (Junior & Senior)
-  **Boys Volleyball** (Grades 8 & 9)

BIG NEWS: The Return of the Pitch & the Green!

We are ecstatic to announce two exciting additions to the STA Athletics lineup:

- **Rugby is BACK!** For the first time in 30 years, Mr. Allen is reintroducing Rugby to STA. This is your chance to be part of a historic restart. A rugby meeting was held on Thursday, January 8th with over 25 Boys and Girls signing up. Rugby is for everyone! Please download this [letter](#) and complete the informed consent prior to your child coming to the first training session. Mr. Allen is looking for a few volunteers to help coach the team. If you are interested, please contact him.
- **Golf Team:** We are looking to hit the links this year with a brand-new Golf program!

CAMPUS MINISTRY



STA Men's Hostel Ministry - Thursday, January 15 at 8:00 - 9:00am

There is a food collection for the shelter this Thursday! If you are looking for a way to complete your service hours by feeding the hungry, bring your home made, individually wrapped, sandwiches and baked goods to the Campus Ministry office before school on Thursday! You will receive 1 service hour for every 12 items you make and bring in. Thank you for your thoughtfulness in making food and bringing joy to those in need. You will only receive hours for items that are home made. Store bought items do not count for service hours.



The Door Is Open - Sunday, February 1

The **Door Is Open** is a Catholic Charities outreach service that provides meals and services to residents and transients in the Vancouver's eastside. Students prepare and serve a meal to those living on the downtown eastside while earning service hours. The school bus will depart from STA on Sunday, February 1 at 9:00am and return at approximately 1:30pm. Uniforms are not required. Students must register and submit a permission form with the Campus Ministry office. Spots are limited.