



STA At-a-Glance

**Week 2: September 8 -
September 15, 2026**

PRINCIPAL'S MESSAGE



As we begin a new school year at St. Thomas Aquinas, I warmly welcome our students, families, staff, and entire STA community. In my address to students today, I challenged them to think beyond simply starting another school year. Each school year gives us something we will never get back: time. What we choose to do with that time matters. At STA, success is about more than marks, championships, awards, or university acceptances. As a Catholic school, our mission is to help form young people of faith, character, courage, and purpose. The question I asked our students was not simply, "What do I want to accomplish?" but rather, "Who do I want to become?" That answer is shaped through small daily choices: arriving prepared, working hard, showing respect, including others, putting distractions aside, serving those around us, and choosing what is right rather than what is easy. Over time, these choices become habits, and our habits shape our character. As a Catholic community, we believe God

created each student with dignity, unique gifts, and a purpose. We hope that students discover those gifts and learn to use them in service of others.

This challenge belongs to all of us. As staff, parents, and members of the STA community, we share in helping our young people grow into the people God is calling them to be.

May this be a year in which we are purposeful, grateful, and attentive to one another.

Welcome back to STA, and may God bless our school community in the year ahead.

Mieszko Krol

MARK YOUR CALENDAR!



HOMECOMING
THU SEP 17 -
3:30 - 7:00 pm



Snr Girls
Volleyball



Food trucks
Beer garden
DJ Kyprios
Free gelato
Car display
Face painting



Parents and students are invited to join us for our annual Homecoming event on **Thursday, September 17.**

Details

- 3:30 - 5:00pm - Come and cheer on our Senior Girls Volleyball team in the STA gym.
- 5:00 - 7:00pm - Party in the Parking Lot! You'll enjoy: food trucks (by purchase), complimentary gelato from Dolce Amore, live music (DJ Kyprios), car display and a beer garden feat. Bridge Brewing

We can't wait to see you and your family there! Registration isn't required.

ARE YOU A CAR ENTHUSIAST?



Are you a car enthusiast with a collector or high-end car you'd like to display at Homecoming? Contact Sandie Atkinson in our Advancement Office to learn more. Cars will be on display from 4:00 - 7:00pm in the STA Parking Lot on Thursday, September 17.

OFFICE UPDATES

Accessing STA Information: the school's yearly **calendar** is posted on the school's **website**. Please ensure the office is informed of any address changes during the summer. Emails may be sent to **office@aquinas.org**.

PLEASE NOTE: Administration Office Hours: Monday to Friday 8:00am to 4:00pm.

Activity Fee

If you have not already done so, please send the activity fee payment with your child. We would prefer to minimize the number of homeroom blocks needed to collect this money by asking students to bring it during the first week of school.

School Attendance (Policy and Procedures)

We take our responsibility of knowing the whereabouts of students at all times during the school day very seriously and require your assistance to ensure that we are able to do so.



The Saints STATION

Our dedicated Parent Association is opening the school store for back-to-school nearly new uniform sales and pick-up of any school merchandise and/or athletic kits that were ordered in the Spring.

- **Dates:** Monday, Wednesday and Friday
- **Time:** 3:00pm - 4:00pm
- **Payment:** Cash, Debit and Credit Card

UPCOMING EVENTS

September:

9 - 8 Block Schedule (30-minute classes). Students to report to homeroom class at 8:25 am

10 - Full Day 1 Blocks. Students to report to homeroom class at 8:25 am

11 - Full Day 2 Blocks. Students to report to homeroom class at 8:25 am

14 - Day 1 Late Start at 9:15am

16 - School Photo Day (in full uniform with sweaters)

17 - Spirit Day and Homecoming 2026

22 - Grade 12 Parents Night at 6:00pm - 7:30pm. Grade 12 Students are encouraged to attend

24 - Meet the Teacher - Grade 8 Parents at 6:00pm - 8:00pm

28 - Grade 9 Immunization Clinic hosted by VCH

30 - SCHOOL CLOSED - National Day for Truth and Reconciliation

October

7-9 - Grade 11 Retreat

MESSEGE FROM ATHLETIC DIRECTOR

Dear Parents/Guardians,

Welcome to STA Athletics for the 2026/27 Academic year. This fall, students have a plethora of options to choose from: Girls Volleyball, Girls Field Hockey, Gr 8 Rugby, Senior Boys Volleyball, Junior and Senior Boys Soccer, Cross Country and Swimming. Please see the [Term 1 Sign Up](#) which has information for the first practice, tryout or meeting for each sport. Students may try out or sign up for more than one sport. However, athletes must communicate directly with their coaches and teachers to balance team commitments with academic responsibilities.

Attendance Policy: Attendance during the school day is required to participate in athletics. Students with an unexcused absence on the day of a practice or game will not be permitted to participate.

If you have any questions, please do not hesitate to contact [Mr. Allen](#).



STA Fall Season Teams



PARENT PARTICIPATION OPPORTUNITES



Sign in

Username or email

Password

Login

[Administrators Click Here](#)

[Forgot Password?](#)

Powered by
[OnVolunteers.com](#)

STA Parent Participation Program (PPP) - New Website!

The **PPP** exists for parents to participate in activities and build community with other families. The program also provides a reduction of the monthly parent participation fee. Seasonal, full-time and part-time credits are available throughout the year. The parent participation organizers have launched a new website for this school year.

New Families: All new families will be automatically uploaded to the new portal. There is no need to send an email to parent participation.

New Web Site and Link: For parents who previously registered and volunteered at STA, please click [here](#) and then click on 'Forgot Password' to re-activate your account. PLEASE NOTE: This is a brand new website and URL. if you have saved the previous portal in your favourites, you will need to update it with this one.

Check the portal often as opportunities are regularly added.



Join the Cafeteria Team! – Volunteers Needed

Dear Parents,

Our team provides an essential service to our staff and students. We rely on parent support to make this service. For parents with daytime availability looking to connect with the school community while getting a peek into their child's day, this is a great opportunity!

We are finalizing our schedule and still have a few spots available. We offer two types of positions:

- **Full-Time:** A regular weekly shift from September to June (2.0 to 2.5 hours, depending on the day and your family's PPP requirement). This completely fulfills your annual PPP requirement.
- **On-Call (Part-Time):** Flexible coverage for parents unable to commit weekly, stepping in when managers or full-time volunteers need extra support.

Thank you for supporting our students!

Please contact [Claudia Montagut](#) (Cafeteria Coordinator) at if interested or have any questions.

Also, we are looking for full-time **traffic duty volunteers** for this school year 2026-27. We have many shifts available (any adult family member can support the role so you can have some flexibility in your volunteering).

If you are interested, please email [Karen Lo](#).

STUDENT OPPORTUNITIES



Youth Leader STAY SAFE Course

Learn to stay safe at home and in your community

WED, SEPT 30

**NATIONAL DAY OF TRUTH &
RECONCILIATION HOLIDAY**

FEATURED EDUCATION

9AM-3PM | GR 4-7 | \$85

AT

**CHRIST THE REDEEMER CHURCH,
WV (CLICK FOR MAP)**



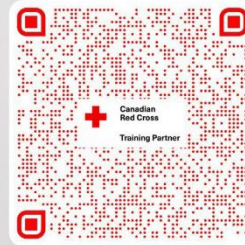
***ARE YOU READY FOR A
SAFE SCHOOL YEAR?***

**CANADIAN RED CROSS
YOUTH SAFETY LEADERSHIP**

WITH
DR. LAURA TIBERIO ND MSOM



DRLTIBERIO@GMAIL.COM



SCAN TO REGISTER



**COURSE INCLUDES
WORKBOOK & CERTIFICATION**

REG CLOSES SEPT 21

SPACE IS LIMITED

REGISTER TODAY!

STA CAFETERIA



New School Year, New Cafeteria Menu!

We listened! At the end of last school year, many of you shared your thoughts about the cafeteria through our student survey. You told us you wanted more variety, more appealing choices, and healthier options - and we're excited to bring some changes to the menu this year!

Look out for new items like burrito bowls, fresh sushi rolls, hot sandwiches, and other delicious and nutritious options, along with some of your old favourites.

We can't wait for you to try what's new! Stop by the cafeteria and let us know what you think!