



STA At-a-Glance

**Week 21: January 27 -
February 3, 2026**

KUDOS



The STA Science Department would like to sincerely thank all the parents who judged our Grade 8 Science Fair on **Monday, January 26**. Special thanks are extended to Ms. Alamdari and Mr. Chan for doing such a wonderful job mentoring our young scientists and organizing the event. Congratulations to our winners!

Chemistry

- 1st place: Maya S - The Bioplastic Breakdown Race
- 2nd place: Jacob S - Can Aluminum Decarbonize the Economy?
- 3rd place: Alexander T - From Food to Fuel
- 4th place: Hayley B - The Sulfur Secret
- 5th place: Ella K - Can You Make the Perfect S'more in the Oven?

Engineering Sciences

- 1st place: Johannes W – Creating Clean Energy Through Walking - Every Step Counts
- 2nd place: Daniel T - Testing Different Recipes of Bioplastics for Applications in Single-Use Plastics
- 3rd place: Gema R - Performance Improvement of a Solar Air Heater
- 4th place: Darya A - Block the Buzz: An Investigation into RF Protection
- 5th place: Olivia S - How Does Wing Shape Affect Lift?

Life Sciences

- 1st place: Stella S - Halo vs. Horn
- 2nd place: Oliver N - How Effective are Cleaning Products at Stopping Bacterial Growth?
- 3rd place: Catherine M - Journey Through the Digestive System - How Digestion Affects Probiotic Survival
- 4th place: Brighton N - Filtering Pollutants from Household Wastewater Using Aquatic Plants as Biofilters
- 5th place: Shahin S - Comparing Wick vs. Kratky Hydroponic Systems for Cress Growth and Their Implications for Sources on Mars and Beyond Human's Fast-Growing Food

Physics

- 1st place: Jake B - How Magnetic Repulsion Saves a Free-falling Elevator
- 2nd place: Harry S - In Hot Water - What Materials Keep Water Warm for Longer?
- 3rd place: Parker H - The Jump Equation: How Body Height and Weight Affect Vertical Jump
- 4th place: Lucas T - What Flex of Stick Gives You the Best Shot?
- 5th place: Miley P - Potato Power! How Does a Potato Battery Work?

Overall Winners Representing STA at the Greater Vancouver Regional Science Fair at UBC this April:

- **1st Place:** Maya S - The Bioplastic Breakdown Race
 - **2nd Place:** Stella S - Halo vs. Horn
 - **3rd Place:** Johannes W - Creating Clean Energy Through Walking - Every Step Counts
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Senior North Shore Wrestling Championships

Last Thursday, Amir M, Ramtin F, and Oscar B represented STA at the North Shore Wrestling Championships. While facing injuries, all wrestlers showed incredible determination, bringing their best to each match. Ramtin and Amir placed 3rd in their weight class, while Oscar placed 4th overall in his weight class. Go Saints!

Congrats to Grade 10 student, Hollis S, who will head to Poland with the **U16 National Field Hockey Youth Tour** in April 2026. As a forward/midfielder, Hollis plays regularly with West Vancouver Field Hockey Club (WVFHC) and Rob Short Coaching Academy (RSCA). Her tryout period for the national team began last summer after she earned a spot on Field Hockey BC's Provincial Team Yellow and competed at Nationals in Brampton, Ontario. Her future aspiration is to play field hockey at the varsity level either in Canada or the U.S. Congrats, Hollis, on this remarkable achievement!



STA COMMUNITY DIRECTORY



Community Directory – Business Highlights

We are thrilled to profile these STA businesses and owners. If you have a business you would like to promote or are looking for services to consider, click [here](#) to go to the Directory.



Meaghan & David Crawford, Current Parents – Edgemont Moving & Storage

Trust your moving needs to **Edgemont Moving & Storage!** This family-based

company has over 60 years-experience

moving homes and offices in Greater Vancouver, across Canada and internationally. Their team of experienced movers have all completed professional training and criminal background checks. Plus, their fleet of Royal Blue trucks and crews are fully licensed, insured and bonded.

Victoriya Litargne, Current Parent – **Vital Life Nursing Inc.**

Are you looking to make healthy changes as you start 2026? If so, Victoriya and her team can help through a year-long personalized health journey designed for individuals who are ready to restore balance, improve vitality, and address the root causes of chronic stress, fatigue, inflammation, addiction and illness.



vital life nursing

Holistic Nursing Agency

OFFICE UPDATES



Dear STA families,

The school parking lot is now closed to all non-staff vehicles during arrival and dismissal times and is not to be used for student drop-off or pick-up. This is an important step in improving safety and reducing congestion at these busy times of day. We ask families to please park in the surrounding residential area and to be mindful of all posted parking regulations and our neighbours.

Thank you for your understanding and cooperation. If your child has a medical need that requires access to the the parking lot, please contact the school office in advance to make arrangements.

Sincerely,

Mr. Krol
Principal

Term 2 Starts - January 27: Blocks reversed

Effective Tuesday January 27, 2026 the school's block schedule will be reversed.

Day 1 classes – D/C/B/A

Day 2 classes – H/G/F/E

Term 2 started today on Tuesday, January 27 with Day 1 schedule.

Lost and Found Collection - until January 30

Lost and found items are on display on the second floor in front of the trophy cases. All labeled items were returned to individual students. We still have a collection of lost and found jewelry in the office.

After January 30 all unclaimed items will be donated to the Salvation Army.



UPCOMING EVENTS

Check out the school [calendar](#) for these and other events:

January

27 - Term 2 Starts: Day 1 - Reverse Blocks (D, C, B and A)

27 - 30 - Lost and Found collection displays

28 - Monthly School Mass at 10:45am. Families are welcome to attend

30 - POSTPONED - Ski and Snowboard Club, New Date: February 11

February

1 - Door is Open

4 - Early Dismissal at 1:00pm

11 - AMENDED DAY for Ski and Snowboard Club

12 - 13 - SCHOOL CLOSED - Catholic Educators Conference

16 - SCHOOL CLOSED - Family Day

19 - Men's Hostel Ministry - Baked Goods or Sandwich Drop Off at 8:00 - 9:00am (only one day in February)

24 - Gr. 9 Retreat

26 - Parent Teacher Interviews at 3:30pm - 7:30pm

27 - NO CLASSES IN SESSION - Parent Teacher Interviews at 10:00am - 5:00pm

MESSAGE FROM ATHLETIC DIRECTOR



Operation: STA Blackout!

Get ready to bring the noise and turn their home court into our house! On **Tuesday, January 27**, our Senior Basketball teams are heading to Collingwood School for the biggest showdown of the season - and we need **YOU** in the stands.

The Challenge: Our Saints are taking on some of the toughest competition in the province. Collingwood's Girls are ranked #9, and their Boys currently hold the #1 spot. This is our chance to show them what STA spirit looks like!

The Gear: To make sure we're seen and heard, the Athletic Department is sponsoring a **STA BLACKOUT**.





- **Free Swag:** Every STA student who attends the game will receive a **FREE limited-edition black STA Spirit Shirt!**
- **How to get yours:** Find Mr. Allen at the Collingwood gym to grab your shirt and join the sea of black in the bleachers.



Spring Sports Preview: Something for Everyone!

It's time to look ahead! We have a stacked lineup for the Spring season. Whether you're a veteran athlete or looking to try something brand new, there is a place for you.

The Classics Are Back:

-  **Badminton**
-  **Mountain Biking**
-  **Track & Field**
-  **Girls Soccer (Junior & Senior)**



- **Boys Volleyball (Grades 8 & 9)**

BIG NEWS: The Return of the Pitch & the Green!

We are ecstatic to announce two exciting additions to the STA Athletics lineup:

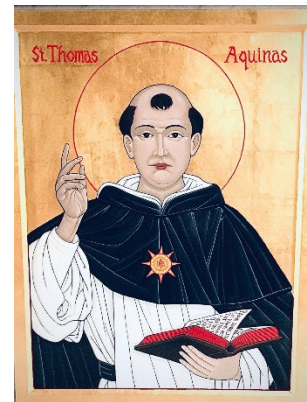
- **Rugby is BACK!** For the first time in 30 years, Mr. Allen is reintroducing Rugby to STA. This is your chance to be part of a historic restart. A rugby meeting was held on Thursday, January 8th with over 25 Boys and Girls signing up. Rugby is for everyone! Please download this [letter](#) and complete the informed consent prior to your child coming to the first training session. Mr. Allen is looking for a few volunteers to help coach the team. If you are interested, please contact him.
- **Golf Team:** We are looking to hit the links this year with a brand-new Golf program!

CAMPUS MINISTRY

Feast of St. Thomas Aquinas - Wednesday, January 28

We will celebrate the Feast of St. Thomas Aquinas. Parents are welcome to join us for Monthly Mass in the gym at 10:45am.

The cafeteria will have a special lunch to celebrate: lasagna, Italian salad and focaccia.



The Door Is Open - Sunday, February 1

The **Door Is Open** is a Catholic Charities outreach service that provides meals and services to residents and transients in the Vancouver's eastside. Students prepare and serve a meal to those in need while earning service hours. The school bus will depart from STA on Sunday, February 1 at 9:00am and return at approximately 1:30pm. Uniforms are not required. Students must register and submit a permission form with the Campus Ministry office. Spots are limited.