



STA At-a-Glance

Week 21: January 28 -
February 4, 2025

UPCOMING EVENTS



Trivia Night - Saturday, February 22

We are excited to announce the hosts for Trivia Night! They include:

- Felipe Grossling '94 – Religion Department Head, teacher and parent will kick-off the evening as one of the hosts! His dry sense of humour will help bring the categories...and answers...to life.

- Peter Law – STA parent, Peter Law, is as competitive on the pitch as he is with his love of trivia. This is one parent who is spontaneous and witty, with a great English accent.

- Patricia Lim '94 – As a recruitment consultant, Patricia knows how to read a room. With her warm personality and infectious laugh, she'll have you in stitches before the questions are asked.

- Ericka Reyes '19 – STA EA Ericka wowed staff at our retreat in December with her one-woman show and stand-up comedic style for our own internal trivia content. She'll be watching closely for any cheating in the room!

Categories

Did you know that a polymath is someone whose knowledge covers many different areas? That sounds like a Trivia Night, right? Have fun showing off your endless knowledge and connect with STA friends. The categories include: food trivia, sports trivia, Biblical trivia, science trivia, common knowledge trivia, Catholic trivia and modern/class TV trivia.

Teams are not necessary. Sign up today with a friend or a couple. Click here to [register](#).

Details

- Doors open: 6:30 pm / Trivia begins: 7:00 pm
- Appetizers, snacks and cash bar
- Prizes
- Cost: \$30 per person + credit card transaction fee
- If you wish to pay by cheque, please drop your cheque at the STA Office and indicate the names of all guests. An email confirmation will be sent to you.

We look forward to seeing you there.

Pro-life Mass at St. Stephen's Parish - Saturday, February 1 at 9:00am

Join us for a monthly Mass and vigil to pray for respect for all human life, from conception to its natural end. Hosted by the Archdiocese of Vancouver, it will take place at **St. Stephen's Parish** (1360 24th St, North Vancouver). It begins with Mass, followed by the rosary and other prayers either at a church with Adoration or at a local hospital. Reception to follow at the parish.



Join the STA Sun Run Team for 2025!

Exciting news, STA Parents, Guardians, Students and Teachers! We are gearing up for the 2025 Sun Run and YOU are invited to be part of our amazing STA Team! Here's your chance to get active, represent our school, and enjoy a fun challenge together. Whether you're a seasoned runner or just starting out, this is a great opportunity for everyone! Click on **Register Today** and then choose Join/Register for a Team Name (under SunRype Youth Team Challenge 10K) - STA (Tony

Domina) and Access Code: BSUWFG

KUDOS

Congrats!

The STA Science Department would like to sincerely thank all the parents and students who judged our Grade 8 Science Fair on Friday, January 24. Special thanks are extended to Ms. Alamdari and Mr. Chan for doing such a wonderful job mentoring our young scientists. Congratulations to our winners!

Chemistry

- 1st Place: Zion H "Bioplastics Revolution: A Step Toward Saving the Earth"
- 2nd Place: Ben B "Chromatic Adaptation – Are Your Eyes Fooling You?"
- 3rd Place: Ethan T "Supercooling and the Effects of Impurities in Freezing"
- 4th Place: Claire Y "The Concentration of Salt Water Ice and Its Melting Speed"
- 5th Place: Livia S "Sip Smarter"

Engineering Sciences

- 1st Place - Marcus R "Directional Wind Adaptive Windmills vs. Stationary Windmills"
- 2nd Place - John S "Can Plants Stop Soil Erosion?"
- 3rd Place - Valentina F "Portable Hydro-Electric Generator"



- 4th Place - Miguel L "Electric Motor Experiment"
- 5th Place - Jaden B "Lemon Light Powering The Way"

Life Sciences

- 1st Place - Benjamin F "The Effect of Dietary Nutritional Value on the Heart Rate of Daphnia"
- 2nd Place - Declan O "Roots and Routes: How Do Plants Grow Towards Light?"
- 3rd Place - Emma L "Are Public Bathrooms Locks Dirtier Than Student Locker Locks?"
- 4th Place - Sienna H "Muscle Stimulation - A Boost for Cognitive Activity"
- 5th Place - Johann Dalisay "Smile Science: How to Keep Your Pearly Whites"

Physics

- 1st Place - Damien M "Decibels and Decisions: The Effect of Noise on Mental Focus"
- 2nd Place - Olive U "Powering the Future – How Do Different Battery Types Change Their Energy Source?"
- 3rd Place - Maksimas V "Arrow vs. Dart – Which is More Aerodynamic?"
- 4th Place - Lucas R "Non-Newtonian Fluids"
- 5th Place - Elliott O "Testing Three Aerosol Fuel Propellants in a Potato Gun"

Overall Winners representing STA at the Greater Vancouver Regional Science Fair at UBC April 10 - 12, 2025:

- 1st Place - Benjamin F "The Effect of Dietary Nutritional Value on the Heart Rate of Daphnia"
- 2nd Place - Zion H "Bioplastics Revolution: A Step Toward Saving the Earth"
- 3rd Place - Declan O "Roots and Routes: How Do Plants Grow Towards Light?"

Click [here](#) to see video highlights of our young scientists at work! Thanks to Grade 8 parent, **Margo Yakovshenko**, for her video creations throughout the year.

Our **Senior Boys and Girls Basketball teams** have been working tremendously hard. At the **BC Catholics** tournament, we saw extraordinary efforts from Gabriel B with 90 points and Elye S with 55 points. They were the tournament's overall top two scorers. On the girls' side at the BC Catholics, Kiki L was the third-highest overall scorer with 33 points, and Lilly D was the eighth top scorer with 30 points.



The **Senior Boys Basketball** team carried this momentum into the **Sutherland** tournament and recently claimed a thrilling win against Vancouver College, highlighting their unwavering determination and team spirit. Their next challenge is an important regular-season game against Collingwood this Thursday, followed by the **Southridge** tournament this weekend. We're confident their strong work ethic will again be on full display. With a couple of regular-season games left before the playoffs, we can't wait to see how far their dedication takes them.



Our **Grade 8 Boys Basketball** team is on a thrilling run, coming off an exciting win over Windsor this week. Tomorrow's regular season game against Seycove will be crucial in determining their placement for the playoffs, as they're currently in the running for a three-way first-place tie. Their hard work and teamwork have put them in an excellent position, and we know they'll bring the same determination to the court for this important matchup. We wish them the very best as they finish the season strongly and prepare for a great playoff run.



Feast of St. Thomas Aquinas - Tuesday, January 28

Today we celebrated the Feast of St. Thomas Aquinas. Thank you to our parents Lori Benedet for the donation of Italian sausages and buns, and to Rita Hagedorn for delivering the food and helping as always.

OFFICE UPDATE

Check out the school [calendar](#) for these and other events

January

27 - 31 - Lost and Found collection displays (the 2nd floor beside the gym doors)

31 - Ski and Snowboard Club at 3:15pm

February

5 - EARLY DISMISSAL - all classes dismissed at 1:00pm

12 - Spirit Day

12 - Learning Updates Posted in myEd BC

13-14 - SCHOOL CLOSED - Catholic Educators Conference

17 - SCHOOL CLOSED - Family Day

20 - Baked Goods or Sandwich Drop Off (only one time in February)

21 - Ski and Snowboard Club at 3:15pm

22 - Trivia Night at 6:30pm

26 - Pink Shirt Day (Anti-Bullying: Pink shirts may be worn over the students' uniform)

27 - Parent Teacher Interviews at 3:30 – 7:30pm

28 - SCHOOL CLOSED - Parent Teacher Interviews

28 - Ski and Snowboard Club at 3:15pm



STA Athletics - Home Games

A great week of competition lays ahead:

Today, January 28:

4:00pm - Grade 8 Girls Basketball team vs West Vancouver Secondary School

5:30pm Grade 9 Girls Basketball team vs Seycove Secondary School

7:30pm Senior Girls Basketball team vs Rockridge Secondary School

Thursday, January 30:

6:00pm Junior Boys Basketball team vs Carson Graham Secondary School

7:30pm Senior Boys Basketball team vs Collinwood School

Tuesday, February 4:

3:45pm Grade 9 Girls Basketball team vs Collinwood School

5:15pm Senior Boys Basketball team vs Elphinstone Secondary School

We wish all of our basketball teams that are traveling to their away league and tournament games the very best and safe journeys to our wrestling team, who will be in Port Alberni from January 31 - February 1. Go Saints go!

STA CAMPUS MINISTRY

STA Chapel Icons #6 of 12 - St. Paul (5 - 64/65 AD)

In this icon St. Paul is portrayed as a Teacher/Messenger. He is depicted in a Squamish Nation setting wearing a cedar hat and holding a talking stick in his left hand, while extending his right hand in greeting. St. Paul holds a talking stick, in his role of inviting people to the Eucharist. In choosing a talking stick, to be all inclusive of all Squamish and Indigenous People of the West Coast, the depiction uses the one owned by Father Garry Laboucane OMI, including the Frog (top), Beaver (center), and Eagle (bottom).

In keeping the icon being inclusive of the Squamish Nation, St. Paul is wearing the ceremonial blanket and black shirt with cedar oar pendants. The fringed blanket itself is woven from spun mountain goat hair and bears a pattern in black and red combination. This form of depiction is new for the West Coast, while maintaining the core principle,

written by Father John Guliani, 'Painter of Native American Icons'. In Father Guliani's words 'My intent, therefore, in depicting Christian saints as Native Americans is to honour them and to acknowledge their original spiritual presence on this land. It is this original Native American spirituality that I attempt to celebrate in rendering the beauty and excellence of their craft as well as the dignity of their persons.'

This St. Paul icon was written by Andre Prevost in 2023 and is based on his 2021 icon in St. Paul's Roman Catholic Church in North Vancouver.

All icons are found in the STA School Chapel.



The Door Is Open - Sunday, February 2

The Door Is Open is a Catholic charities outreach service that provides meals and services to residents and transients in the Vancouver's eastside. Students prepare and serve a meal to those living on the downtown eastside while earning service hours. The school bus will depart from STA on at **9:00am** and return at approximately **1:30pm**. Uniforms are not required. Students must register and submit a

permission form with the Campus Ministry office. Spots are limited!

PARENT ASSOCIATION / VOLUNTEER OPPORTUNITES

Click on the **Parent Participation Portal** to register for the opportunities below.

1. Crossing Guards Needed

We are seeking for crossing guards for before and after school shifts. Contact **Karen Lo** for more details.

2. Cafeteria

- Part time opportunities for February have been posted for sign up.

- Various Full time shifts available on Tue, Wed, Thu from 11:30am to 2:00pm or

12:30pm to 3:00pm. Contact **Claudia Montagut** for more details.



Thank you for your involvement!