



STA At-a-Glance

Week 33: May 5 -

May 12, 2026

STUDENT COUNCIL ELECTION RESULTS

STA students voted for their next Student Council. Congratulations to next year's Student Council for their election win.

STA's Student Council 2026-27 school year

- **Presidents:** Ramtin F and Adrian P
- **Vice Presidents:** Hannah A and Ivan M
- **Secretary:** Sofia C and Tiffany H
- **Communications:** Lily C and Julia M
- **Finance:** Luka H and Rene M
- **Sports Representatives:** Anabelle S and Elye S
- **International Representatives:** Donovan M and Amir M

Thank you to all candidates for running!

KUDOS



Royal Canadian Legion (North Vancouver City) Branch #118 Poster & Literary Contest:

Each year, STA students participate in the National Youth Remembrance Contests in honour of Canada's Veterans. Entries can be visual art, written poetry or prose, or videos. This contest is facilitated through The Royal Canadian Legion and we were pleased to have Mr. Derrick Fry here on Monday to present STA students with awards for their entries.

Senior Black & White Poster

- 1st - Krisha A

Senior Colour Poster


- 1st - Krisha A

Senior Poem

- 1st - Antonina H

- 2nd - Sophia K
- 3rd - Amelia C

Senior Essay

- 1st - Sophia K and  2nd in BC/Yukon
- 2nd - Darya A

Intermediate Essay

- 1st - Damien M (Zone Honorable Mention)

Intermediate Colour Poster

- 1st - Olivia S (Zone Honorable Mention)

Intermediate Poem

- 1st - Darya A



Grade 12 Retreat

The Grade 12 class spent three days at Camp Stillwood enjoying their retreat last week! They received tangible reminders of how loved they are by God and by those in their lives. Kudos to the Grade 12s for their kindness and leadership over all their years at STA!

Congratulation on the First Victory of the Season

Last week the **Junior Boys Rugby** team participated in a 7s tournament at Mulgrave school. They opened the day losing to a strong Mulgrave side. Then they lost 2 close matches to Howe Sound and Windsor with opportunities to score at the final whistle in both games but knock ons near the goal line got the better of them. They played in the 5/6 consolation game vs Rockridge to finish the day. The boys started off well scoring 2 tries and a conversion to go up 12-0. At the start of the 2nd half, Rockridge scored to make it 12-5 and they started to pressure STA hoping to tie the game however a strong defensive stand forced a Rockridge mistake and the lads capitalized scoring off the ensuing scrum to go up 17-7 and seal the victory. This was the **first victory of the season** and in over 30 years at St. Thomas Aquinas. Congrats to the players who keep getting better every time they get a ball in their hand. Their commitment to the team and sport has been amazing.





Congratulation to Hollis S

Hollis played with the Team Canada U16 national team who travelled to Poland to play a four game series against the Team Poland U16 national team. Team Canada had players from across Canada and this was Hollis' first experience with international European field hockey at the national level. It was very competitive hockey, a great trip and a great experience.

MARK YOUR CALENDAR!

STA Campus Ministry's Annual International Night - Friday, May 29

Join us as we celebrate and share our many cultures!

We are looking for countries to represent our diverse community and we need your help! We rely entirely on parent/family involvement. As in previous years, we are hoping to host 12 - 15 national tables decorated with cultural artifacts and serving national food. Come together with families from your nation and share your culture with us!

So far we have tables for: Mexico, Italy, Korea, Great Britain, Philippines, Peru, Armenia, Chile, Thailand, Brazil, China, and Egypt. If you would like to help with any of those tables, let us know!

The entire event is a fundraiser, allowing us to support several local and global charities.



Please email [Ms. E. Hughes](mailto:Ms.E.Hughes) if you are interested or would like more information.

If you are not able to help, mark the date on the calendar! We hope to see you on May 29 to enjoy the community, culture, food, and entertainment from the STA Jazz Bands!



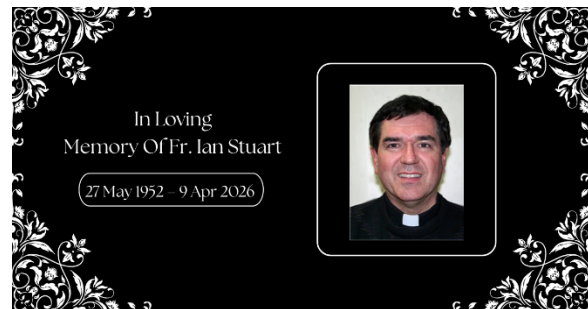
All STA student-athletes and their parents are invited to attend STA's **Athletic Celebration Night** on **June 2** at **6:00pm**. During this event, we will recognize all of our athletic teams with special acknowledgement to those athletes who made outstanding achievements in their respective fields.

More details and registration information can be found [here](#). Seats are \$40 per person. **Please register by May 26**. We look forward to seeing you there.

Please join us: Memorial Mass for Fr. Ian Stuart

Dear STA Alumni,

We invite you to join us for a memorial mass on **Thursday, May 7** at **11:00am** as we celebrate the life of Father Ian Stuart. The mass will take place in the **STA Chapel** within the convent at 524 West 6th Street, North Vancouver.



Father Ian was the Principal at STA from 1976-1980. He attended high school at Vancouver College, and attended the University of Victoria where he earned a BA in German and a teaching diploma. After serving as Principal, he worked at the Catholic Independent Schools of Vancouver Archdiocese. It was during his time at CISVA that he discerned his calling to the priesthood. In 1982, he began his seminary studies at The Pontifical Beda College in Rome. He had the privilege to be the deacon to Pope John Paul II on one occasion. Father Ian was ordained to the priesthood in 1987 for the Roman Catholic Archdiocese of Vancouver.

He was the Pastor at St. Francis of Assisi Parish in Vancouver, and St. Anthony's Parish in West Vancouver. He served as Assistant Pastor at Holy Rosary Cathedral and at St. Mary's Church in Chilliwack.

Registration is not required.

OFFICE UPDATES



Spring Plant Sale - Pick up May 5 and 6 at 1:00-5:00pm from the school parking lot.

Athletic Foundations Collection

To showcase our brand and school spirit in a consistent and polished manner, STA is pleased to announce our **Athletic Foundations Collection**. All students who are planning to participate on an athletic team for 2026-27 are asked to purchase a kit from the collection to wear to and from all games/meets. Click [here](#) to view the site.

The kit is not sport-specific so students can wear the items across all team participation, and tops for Spirit Days.

The kit consists of:

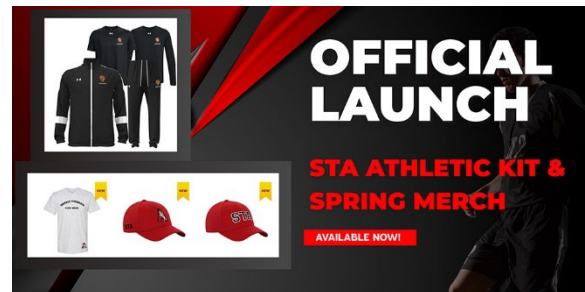
- Warm-up jacket
- Warm-up pants
- Choice of a short- or long-sleeved warm up shirt (with an option for personalization)
- The cost for the kit is \$122.50

The window for ordering these supplies online is May to July, with a pickup at the end of August. Incoming Grade 8 students will also be informed of this process.

STA Spring Collection

You and your child can also show your school pride by considering the purchase of an STA baseball hat (two styles) and the new t-shirt design contest winning tee by Grade 11 student, Carden T. You'll find these and other year-round items [here](#). The order window for the Spring collection is **May 1-31**, with a pickup timeframe before the end of June.

Go Saints go!





June 2026 Exam Schedule

		Grade 8	Grade 9	Grade 10	Grade 11	Grade 12
Monday, June 8	8:25 AM		French Portfolio	Religion 10		Religion 12
	12:25 PM	English 8 Enriched English 8			Chemistry 11 French Portfolio	English 12
Tuesday, June 9	8:25 AM	French Portfolio	French Portfolio	Numeracy/Literacy 10 Assessment Makeup	English 11	Chemistry 12
	12:25 PM	French Portfolio	English 9 Enriched English 9	French Portfolio		Political Studies 12
Wednesday, June 10	8:25 AM	French Portfolio	Religion 9	French Portfolio	Physics 11	Physics 12
	12:25 PM	Science 8		Workplace Math 10 Foundations of Math 10 French Portfolio	French Portfolio	French Portfolio Philosophy 12
Thursday, June 11	8:25 AM	Math 8 Accelerated Math 8/9 Workplace Math 8		French Portfolio		Calculus 12 AP Calculus Comparative Cultures 12 French Portfolio
	12:25 PM		Math 9	Science 10		French Portfolio Economics 12
Friday, June 12	8:25 AM	French Portfolio			Pre Calc 11 Foundations of Math 11 Workplace Math 11 French Portfolio Spanish 11 Challenge	Pre Calc 12 Foundations of Math 12 French Portfolio
	12:25 PM	Religion 8		Socials 10	French Portfolio	Literature 12 Psychology 12
Monday, June 15	8:25 AM	French Portfolio			Intro/Spanish Orals Life Science 11	French Portfolio Anatomy & Physiology 12
	12:25 PM	French Portfolio	Socials 9	French Portfolio		20th Century World History 12 AP Computer Science
Tuesday, June 16	8:25 AM		French Portfolio	*PHE 10 (Mandatory CPR Training)		French Portfolio Human Geography 12
	12:25 PM		French Portfolio	*PHE 10 (Mandatory CPR Training)		Psychology 12

AM EXAMS: Students must be in the gym for morning exams at 8:25am

PM EXAMS: Students must be in the gym for afternoon exams at 12:25pm

*Please note addition for PHE10

2026 Exam Schedule - June 8 - 16

The final exam schedule, including expectations, has been posted on the [website](#).

All classes will not be in session during exam week.

Students should contact [Mr. Salituro](#) or the [school office](#), in regards to any exam conflicts.

Grade 12 Capstone Interviews - Monday, May 11 at 8:00 – 9:15am

Grade 12 Capstone interviews will take place on **Monday, May 11 from 8:00 – 9:15am**. Students will receive their scheduled interview time from their mentor teachers. Our Grade 12s have been working diligently to complete their Capstone assignments and reflections - well done on your efforts so far. Please note that students who have not completed all required assignments and their 16 service hours will not be eligible to participate in the interview. Capstone is a 2-credit graduation requirement, so it is important that all components are completed on time.



SERVICE HOURS INFORMATION & VERIFICATION

The STA Service Program is an opportunity for students to be SAINTS within our community. This program is a requirement of our Career Education curricula. We want our students to give of their time and engage in opportunities that utilize their talents, interests and skills. It enables students to practice the values which are integrated into all aspects of learning and life at the school.

What does it mean to be a STA SAINT?

- RESPECT - Our actions demonstrate that we value, and care for our school and every individual.
- PERSEVERANCE - We always strive to work hard, do our best, and never give up.
- RESPONSIBILITY - We recognize that our actions affect ourselves and others, and that we all have a role in building a positive and safe school environment.
- COMMUNITY - We work together. We are Aquinas.
- FAITH - Our Catholic faith permeates all that we do and who we are.

Note: Administration will review all activities to ensure they reflect the philosophy of the Service Program.

ACTIVITIES APPROVED FOR SERVICE HOURS

School Events/Opportunities

- ✓ International Night
- ✓ Craft Fair
- ✓ Peer Tutoring through School programs such as LRC/Homework club
- ✓ Running a school club
- ✓ Event setup/take down
- ✓ Sound Crew Events
- ✓ Baking (school events)
- ✓ Door is Open
- ✓ Alumni Events
- ✓ Grounds crew

Parish Opportunities

- ✓ Parish Community Events
- ✓ Altar Serving
- ✓ Singing in Choir
- ✓ Prep Teaching
- ✓ Youth Ministry Leader

Community Opportunities

- ✓ Coaching/Assistant Coaching a team
- ✓ Festival & Community Events - e.g., Terry Fox Run, CoHo Run
- ✓ Summer Camp Volunteering
- ✓ Elementary School events
- ✓ Volunteering at library, seniors home, charities

EXAMPLES OF ACTIVITIES NOT APPROVED FOR SERVICE HOURS

- ☐ Babysitting
- ☐ Dog walking
- ☐ Picking up garbage in the neighborhood
- ☐ Household Chores, Yard Work, and Maintenance
- ☐ Any paid work
- ☐ School required participation (No double dipping for other course requirements e.g., PHE)
- ☐ Volunteering to work for a business
- ☐ Working/helping/coaching a family member or friend, neighbour, or specific individuals even if its unpaid
- ☐ Tutoring of friends, classmates, other individuals that is not through the school peer tutoring program

If an activity is NOT on the list of approved activities, students are asked to receive prior approval from their Religion teacher and/or administration or risk having the activity not count as community service.

Service Hours Reminder

Grade 12 service hours were due on **April 27** and must be fully completed prior to their Capstone interview on **May 11**.

Students in **Grades 8 - 11** are required to complete their **16 service hours** and submit all forms to their Religion teacher by **May 15**. Please be aware that students who do not meet this requirement will be assigned to complete service hours at the school during exam week.

Thank you for supporting this important endeavor. Community service is a key part of what defines us as a Catholic school.

More information about service hours, including the required form, can be found on the [school website](#).

STA Graduation Events - Deadline for submission is Tuesday, May 19

- Graduation Mass: Friday, **June 5**, at 11:00am in our school gym (Click [here](#) to watch highlights of the 2025 Grad Mass)
- Commencement Ceremony: Thursday, **June 18** at Massey Theatre 7:00pm
- Dinner and Dance: Friday, **June 19** at the Westin Bayshore at 6:00pm

Graduation packages were distributed to Grade 12s on Monday, April 27. Grade 12s are reminded that Tuesday, May 19 is the deadline for their Dinner/Dance order forms/payment (to Ms. Mattia in the library) and their Future Plans writeup (online in Grad Google Classroom).

Thank you for your attention to these important deadlines!



2026 STA Grad Ring

The St. Thomas Aquinas Grad Class of 2026 is excited to announce a custom-designed graduation ring created exclusively for this year's graduates in collaboration with renowned local jewellery designer PYRRHA.

Handcrafted in sterling silver, each ring features personalized STA Grad 2026 detailing and offers optional custom engraving on the inside, creating a meaningful keepsake



to commemorate your years at STA and celebrate this important milestone.

This limited design is unique to the Grad Class of 2026 and will only be available for a limited ordering period.

More details, pricing, and ordering information will be released next week - stay tuned!

Paris, London and Barcelona - Spring Break 2027

We would love to have you travel with us! Sign up [here](#) and feel free to contact [Mr. Domina](#) with questions.



Winter & Spring Road Safety Blitz - Thursday, May 7 at 7:45am - 8:30am

The ICBC, North Vancouver RCMP, North Shore Safety Council (NSSC), municipal transportation planners, bylaw officers, Speed Watch volunteers, and the North Vancouver Fire Department are going to promote **Safe Driving and Pedestrian Awareness** as the season changes and daylight hours begin to shorten. The team will be outside of school to remind drivers to slow down and stay alert in school zones. They will be handing out ICBC pedestrian safety reflectors to students.

UPCOMING EVENTS

Check out the school [calendar](#) for these and other events:

May

6 - Grandparents Tea at 10:00am

14, 21 and 29 (last one for current school year) - Men's Hostel Ministry - Baked Goods or Sandwich Drop Off at 8:00 - 9:00am

15 - SCHOOL CLOSED - Pro- D Day

18 - SCHOOL CLOSED - Victoria Day

25 - STA Choral Concert at 7:00pm

26 - Spring Band Concert and Art Exhibit at 6:00pm

27 - Grade 10 Retreat

28 - Talent Show

June

4 - Last Day for Cafeteria Services

5 - Grad Mass

9 - 16 Final Exams

18 - Grade 12 Commencement

19 - STA Grad 2026 Dinner and Dance

25 - Last day for Students and final learning updates published

CAMPUS MINISTRY

March For Life - Thursday, May 14

Students are invited to join as we travel to Victoria for the March For Life on Thursday, May 14! We will join other Catholic schools, parishes, and thousands of others to support life. Pick up a permission form from Mr. Mendonca or Ms. Hughes and return it by the end of this week! There is no cost for students to attend, but you will need to bring your own or be prepared to buy lunch and dinner. We will take the bus with Holy Trinity Parish, meeting there at 7:00am and returning there at 8:00pm.



All STA students! You're invited to join the **Alpha Youth Series - every Wednesday at 3:15pm in Room 409**

Alpha is a place to share a meal, watch a short video, and talk honestly about life, faith, and meaning. It's relaxed, open, and a great space to explore big questions with friends. If you'd like to finish this school year in a meaningful way, come join us.

Bring a friend - we'd love to see you there!

St. Matthew's Father & Son event - June 13 at 6:00-9:00pm

RCAV's Knights of Columbus Man's Destiny Event Team is pleased to invite all graduating sons from our CISVA Secondary Schools, together with their fathers, to a special Son & Father Evening on June 13, 2026 from 6:00-9:00pm at St. Matthew's Parish.

[Here](#) is the website for more info.



PARENT ASSOCIATION / PARENT VOLUNTEER OPPORTUNITIES

Help needed:

Volunteers are needed for:

- New Parent Night on May 12 at 5:00-9:00pm

Click on the [Parent Participation Portal](#) to register.



Volunteer Opportunity: Help Our School Bus Sparkle!

Are you looking for a rewarding and flexible way to contribute to our school community? We're expanding our friendly bus wash team and seeking one additional parent volunteer (preferably male) to help keep our school bus looking its best!

It's a straightforward, satisfying task – no experience necessary! You'll be working alongside another volunteer just 1-2 times per month, for only a few hours. This small time investment conveniently fulfills your **entire monthly volunteer requirement!** Enjoy

flexible scheduling to fit your availability.

Ready to roll up your sleeves and make a visible difference for our students every month? Please contact [Carmen](#) to learn more or sign up!

STA Parent Association Needs YOU!

Monthly Meeting - Thursday, May 14 at 9:30am Alumni Room

We warmly invite all parents to become part of our vibrant school community through the STA Parent Association. Our mission is simple: to bring students, parents, and families together through a variety of annual events and activities.

Visit our [website](#) to learn more, or [email](#) us today to get started.