



STA At-a-Glance

Week 35: May 19 -

May 26, 2026

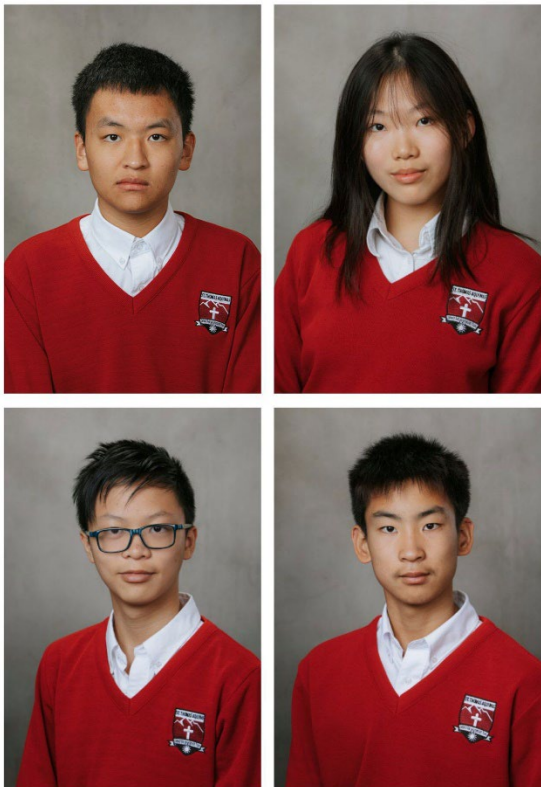
KUDOS



Congratulation

STA Senior Girls Soccer team defeated Collingwood 4-1 to win the **Vancouver Sea to Sky Zone Championship** and qualify for the **BC High School AA Provincial Championships** in Kamloops on **May 28-30**.

Well done ladies, and thank you to coaches Loui Salituro, Fernando Grossling and Melisa Savino.



University of Waterloo Contest Results

Congratulations to all students who participated in the University of Waterloo math contests throughout the year. It was wonderful to see so many new faces challenging themselves and representing our school community.

A special congratulations goes to the students who wrote the Pascal Contest, as the school placed in the top 10 across Canada and top 3 in British Columbia - an outstanding achievement!

Special recognition goes to the following students for their outstanding achievement: Nicholas X, Harry S, Sienna H, and River B.

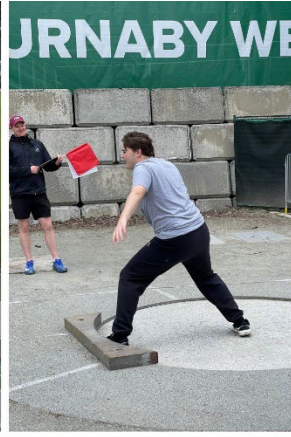
Photos by Jackson F

Congratulations to all for a great North Shore meet and successfully defending our crown as **North Shore AA Champions**.

The next event is Vancouver Sea to Sky (VS2S) Championships on May 21-22 and Track & Field BC School Sports Championships on June 4-6.

Thanks to Coach Steve Vachon and Coach Paul Savage for their massive leadership, along with the student leadership on the team.





Kudos

To the AWE(some) athletes from STA who showed their determination and perseverance in last week's North Shore Track and Field meet. In shot put, Ryan L threw his personal best and winning throw, while Owen H came in 3rd, also with his personal best throw. In the 100 meter dash, Raj B placed 1st and the remaining STA athletes placed 3rd, 4th, and 5th. Well done to Ryan L, Mateo M and Hannah M for their inspiring runs.



The **March for Life** was an amazing success where 8 students from STA joined thousands of others to witness the dignity of life. We listened to a variety of different speakers who shared testimonies and facts about the value of life. Students from STA connected with students from 5 other Catholic schools. We want to thank all parents and teachers who supported this and we hope this is the beginning to build a culture of life at STA.



MARK YOUR CALENDAR!

STA Campus Ministry's Annual International Night - Friday, May 29 from 6:00pm - 9:00pm

International Night is next week! You are invited to enjoy food from around the world, provided by our own STA families, and entertainment from our Jazz Bands to celebrate our school community! Bring your family and friends to enjoy an evening of delicious food, culture, and community. Doors open at 6:00pm. Admission is \$4 per person or \$10 per family, food tickets are \$2 each. All proceeds from the event are donated to support our neighbours in need locally and globally. See you there!



All STA student-athletes and their parents are invited to attend STA's **Athletic Celebration Night** on **June 2** at **6:00pm**. During this event, we will recognize all of our athletic teams with special acknowledgement to those athletes who made outstanding achievements in their respective fields.

More details and registration information can be found [here](#). Seats are \$40 per person. **Please register by May 26**. We look forward to seeing you there.

OFFICE UPDATES

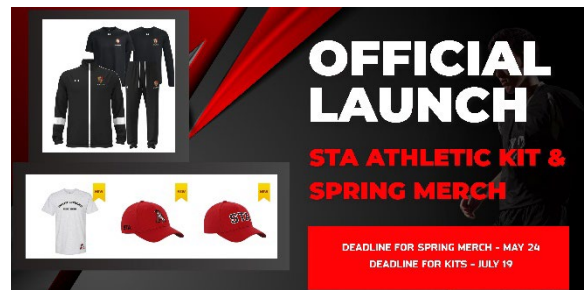
Athletic Foundations Collection

To showcase our brand and school spirit in a consistent and polished manner, STA is pleased to announce our **Athletic Foundations Collection**. All students who are planning to participate on an athletic team for 2026-27 are asked to purchase a kit from the collection to wear to and from all games/meets. Click [here](#) to view the site.

The kit is not sport-specific so students can wear the items across all team participation, and tops for Spirit Days.

The kit consists of:

- Warm-up jacket



- Warm-up pants
- Choice of a short- or long-sleeved warm up shirt (with an option for personalization)
- The cost for the kit is \$122.50

The window for ordering these supplies online is May to July, with a pickup at the end of August. Incoming Grade 8 students will also be informed of this process.

STA Spring Collection

You and your child can also show your school pride by considering the purchase of an STA baseball hat (two styles) and the new t-shirt design contest winning tee by Grade 11 student, Carden T. You'll find these and other year-round items [here](#). The order window for the Spring collection is **May 1-31**, with a pickup timeframe before the end of June. Go Saints go!



ST. THOMAS AQUINAS REGIONAL SECONDARY SCHOOL
FAITH | COMMUNITY | EXCELLENCE

June 2026 Exam Schedule

		Grade 8	Grade 9	Grade 10	Grade 11	Grade 12
Monday, June 8	8:25 AM		French Portfolio	Religion 10		Religion 12
	12:25 PM	English 8 Enriched English 8			Chemistry 11 French Portfolio	English 12
Tuesday, June 9	8:25 AM	French Portfolio	French Portfolio	Numeracy/Literacy 10 Assessment Makeup	English 11	Chemistry 12
	12:25 PM	French Portfolio	English 9 Enriched English 9	French Portfolio		Political Studies 12
Wednesday, June 10	8:25 AM	French Portfolio	Religion 9	French Portfolio	Physics 11	Physics 12
	12:25 PM	Science 8		Workplace Math 10 Foundations of Math 10 French Portfolio	French Portfolio	French Portfolio Philosophy 12
Thursday, June 11	8:25 AM	Math 8 Accelerated Math 8/9 Workplace Math 8		French Portfolio		Calculus 12 AP Calculus Comparative Cultures 12 French Portfolio
	12:25 PM		Math 9	Science 10		French Portfolio Economics 12
Friday, June 12	8:25 AM	French Portfolio			Pre Calc 11 Foundations of Math 11 Workplace Math 11 French Portfolio Spanish 11 Challenge	Pre Calc 12 Foundations of Math 12 French Portfolio
	12:25 PM	Religion 8		Socials 10	French Portfolio	Literature 12 Psychology 12
Monday, June 15	8:25 AM	French Portfolio			Intro/Spanish Orals Life Science 11	French Portfolio Anatomy & Physiology 12
	12:25 PM	French Portfolio	Socials 9	French Portfolio		20th Century World History 12 AP Computer Science
Tuesday, June 16	8:25 AM		French Portfolio	PHE 10 (Mandatory CPR Training)*		French Portfolio Human Geography 12
	12:25 PM		French Portfolio	PHE 10 (Mandatory CPR Training)*		

AM EXAMS: Students must be in the gym for morning exams at 8:25am

PM EXAMS: Students must be in the gym for afternoon exams at 12:25pm

*Please note addition for PHE10

2026 Exam Schedule - June 8 - 16

The final exam schedule, including expectations, has been posted on the [website](#).

All classes will not be in session during exam week.

Students should contact [Mr. Salituro](#) or the [school office](#), in regards to any exam conflicts.



SERVICE HOURS INFORMATION & VERIFICATION

The STA Service Program is an opportunity for students to be SAINTS within our community. This program is a requirement of our Career Education curricula. We want our students to give of their time and engage in opportunities that utilize their talents, interests and skills. It enables students to practice the values which are integrated into all aspects of learning and life at the school.

What does it mean to be a STA SAINT?

- RESPECT - Our actions demonstrate that we value, and care for our school and every individual.
- PERSEVERANCE - We always strive to work hard, do our best, and never give up.
- RESPONSIBILITY - We recognize that our actions affect ourselves and others, and that we all have a role in building a positive and safe school environment.
- COMMUNITY - We work together. We are Aquinas.
- FAITH - Our Catholic faith permeates all that we do and who we are.

Note: Administration will review all activities to ensure they reflect the philosophy of the Service Program.

ACTIVITIES APPROVED FOR SERVICE HOURS

School Events/Opportunities

- ✓ International Night
- ✓ Craft Fair
- ✓ Peer Tutoring through School programs such as LRC/Homework club
- ✓ Running a school club
- ✓ Event setup/take down
- ✓ Sound Crew Events
- ✓ Baking (school events)
- ✓ Door is Open
- ✓ Alumni Events
- ✓ Grounds crew

Parish Opportunities

- ✓ Parish Community Events
- ✓ After Service
- ✓ Singing in Choir
- ✓ Prep Teaching
- ✓ Youth Ministry Leader

Community Opportunities

- ✓ Coaching/Assistant Coaching a team
- ✓ Festival & Community Events - e.g., Terry Fox Run, CoHo Run
- ✓ Summer Camp Volunteering
- ✓ Elementary School events
- ✓ Volunteering at library, seniors home, charities

EXAMPLES OF ACTIVITIES NOT APPROVED FOR SERVICE HOURS

- ☐ Babysitting
- ☐ Dog walking
- ☐ Picking up garbage in the neighborhood
- ☐ Household Chores, Yard Work, and Maintenance
- ☐ Any paid work
- ☐ School required participation (No double dipping for other course requirements e.g., PHE)
- ☐ Volunteering to work for a business
- ☐ Working/helping/coaching a family member or friend, neighbour, or specific individuals even if its unpaid
- ☐ Tutoring of friends, classmates, other individuals that is not through the school peer tutoring program

If an activity is NOT on the list of approved activities, students are asked to receive prior approval from their Religion teacher and/or administration or risk having the activity not count as community service.

Service Hours Submissions Are Past Due Now

Students in **Grades 8 - 11** are required to complete their **16 service hours** and submit all forms to their Religion teacher by now. Please be aware that students who do not meet this requirement will be assigned to complete service hours at the school during exam week.

Grade 12 service hours are past due and must be completed before credit is granted for Capstone.

Thank you for supporting this important endeavor. Community service is a key part of what defines us as a Catholic school.

More information about service hours, including the required form, can be found on the [school website](#).

STA Graduation Events

- Graduation Mass: Friday, **June 5**, at 11:00am in our school gym (Click [here](#) to watch highlights of the 2025 Grad Mass). All Grade 11 & 12 students are required at Graduation Mass, Grade 8, 9 and 10 students are welcome to attend.
- Commencement Ceremony: Thursday, **June 18** at Massey Theatre 7:00pm
- Dinner and Dance: Friday, **June 19** at the Westin Bayshore at 6:00pm



Graduation packages were distributed to Grade 12s on Monday, April 27. Thank you to those who have handed in their Dinner Dance order forms/payment (to Ms. Mattia in the library) and filled out their Future Plans writeup (online in Grad Google Classroom). If you have not yet done so, please do so by the end of the day today. Dinner & Dance ticket purchase due today. Thank you for your attention to these important deadlines!



Class of 2026 Grad Ring – Special Keepsake and grad gift!

St. Thomas Aquinas Grad Class of 2026 is excited to announce a custom-designed ring created exclusively for this year's graduating class in collaboration with renowned local jewelry designer, Pyrrha! Handcrafted in sterling silver, each ring features STA Grad 2026 detailing and includes the official Pyrrha 925 stamp. Optional custom engraving on the inside of the ring is also available.

Rings are available in sizes 3–14, including half and quarter sizes. Pricing starts at \$325. This one-of-a-kind ring will only be available for a limited period. **Orders are open now. Deadline: Friday, May 22.**

Please complete the [Google Form](#) to place an order. E-transfer payment to: kwgould@gmail.com Questions? Email Ginetta at gin1717@gmail.com

Paris, London and Barcelona - Spring Break 2027

We would love to have you travel with us! Sign up [here](#) and feel free to contact [Mr. Domina](#) with questions.



BLOCK TALK SERIES



Register here:

burnaby.ca/safecommunityseries



KEEPING KIDS SAFE ONLINE

Learn how to support the prevention of child exploitation

Date: Thursday, May 28, 2026

Time: 6:00 pm to 7:00 pm

Location: Virtually via Zoom

A guest speaker from **PLEA Community Services Society of BC** will provide an overview of commonly used apps and platforms, share practical online safety strategies, and offer guidance on having open, age-appropriate conversations with children and youth about their online activities. Topics include online safety for children and youth, signs of luring and grooming, and what caregivers can do to help prevent harm and respond to concerns.

IN COLLABORATION WITH



[This presentation is open to the public]

UPCOMING EVENTS

Check out the school [calendar](#) for these and other events:

May

21 and 29 (last one for current school year) - Men's Hostel Ministry - Baked Goods or Sandwich Drop Off at 8:00 - 9:00am

25 - STA Choral Concert at 7:00pm

26 - Spring Band Concert and Art Exhibit at 6:00pm

27 - Grade 10 Retreat

28 - Talent Show

29 - Spirit Day and International Night at 6:00pm

27 - Grade 10 Retreat

June

4 - Last Day for Cafeteria Services

5 - Grad Mass. All Grade 11 & 12 students are expected to attend. Families are welcome

7 - The Door Is Open (last one for current school year)

9 - 16 Final Exams

18 - Grade 12 Commencement

19 - STA Grad 2026 Dinner and Dance

25 - Last day for Students and final learning updates published

CAMPUS MINISTRY



Grade 10 Retreat - Wednesday, May 27

The Grade 10 Retreat is next week! Students will report to their first block class as usual. They do not need to wear their uniform, but must dress appropriately. Pizza lunch and snacks are provided, students are encouraged to bring a water bottle. Please return permission forms this week!

All STA students! You're invited to join the **Alpha Youth Series - every Wednesday**

at **3:15pm** ( **only Tuesday on May 26**)
in **Room 409**

Alpha is a place to share a meal, watch a short video, and talk honestly about life, faith, and meaning. It's relaxed, open, and a great space to explore big questions with friends.



If you'd like to finish this school year in a meaningful way, come join us.

Bring a friend - we'd love to see you there!



St. Matthew's Father & Son event - June 13 at 6:00-9:00pm

RCAV's Knights of Columbus Man's Destiny Event Team is pleased to invite all graduating sons from our CISVA Secondary Schools, together with their fathers, to a special Son & Father Evening on June 13, 2026 from 6:00-9:00pm at St. Matthew's Parish.

[Here](#) is the website for more info.



Science and the Supernatural

Neuroscience, Near-Death Experiences, and Eucharistic Miracles

Join us for four fascinating talks given by Dr. David Neima, which will explore the remarkable intersection between faith and science, highlighting recent discoveries and emerging evidence that resonate with core theological teachings, offering thought-provoking insights into the nature of the soul, near death experiences and medical investigations into Eucharistic miracles.

Near Death Medical Data for Life After Death

7pm - Thursday, February 26
St. Thomas Aquinas High School
541 West Keith Road, North Vancouver

Medical Examination of Eucharist Miracles

7pm - Thu, March 12 (St. Thomas Aquinas High School)

Big Bang Theory and Cosmological Constants

7pm - Thu, April 16 (St. Thomas Aquinas High School)

The Fossil Record and Intelligent Design

7pm - Thu, June 4 (St. Thomas Aquinas High School)

All are welcome. To register for attendance in person or online, please contact adriana.landberg@gmail.com.

For more information, please contact jessicachoo@mac.com.



Dr. David Neima is a medical ophthalmologist who began his career in 1972. His background includes research in neurophysiology and several years as a general practitioner before specializing in ophthalmology. He continues to practice part-time and has participated in numerous medical mission trips. Married for 51 years, he and his wife have four children and four grandchildren. Raised in an atheist household, Dr. Neima became an evangelical Christian at university and entered the Catholic Church 32 years ago.

These talks and discussions aim to deepen our understanding of Catholic doctrine. They offer an opportunity to engage with others who are striving to live their faith well in everyday life. The goal is to build intellectual confidence in understanding and defending the faith, with sessions designed to provide instruction in theology and philosophy applicable to ordinary life.

Help needed:

- Parents can provide **homemade** baked goods (one dozen per hour). Drop the baked goods to the school office on May 25-27 during the day or to the cafeteria between 5:00-7:00pm
- Spring choir concert on Monday, May 25 at 5:00-9:00pm
- Spring band and art event on Tuesday, May 26 at 5:00-9:00pm
- Grade 12 BBQ on Tuesday, May 26 at 11:00am-3:00pm
- International Night on Friday, May 29
- Athletic Celebration Night on June 2
- Grad Mass set up on Thursday, June 4 at 3:30pm-8:30pm and variety of shifts between 8:00am - 5:00pm on Friday, June 5
- All of these opportunities have been created in the portal.

Click on the [Parent Participation Portal](#) to register.



Volunteer Opportunity: Help Our School Bus Sparkle!

Are you looking for a rewarding and flexible way to contribute to our school community? We're expanding our friendly bus wash team and seeking one additional parent volunteer to help keep our school bus looking its best! It's a straightforward, satisfying task – no experience necessary! You'll be working alongside another volunteer just 1-2 times per month, for only a few hours. This small time investment conveniently fulfills your **entire monthly volunteer requirement!** Enjoy flexible scheduling to fit your availability.

Ready to roll up your sleeves and make a visible difference for our students every month? Please contact [Carmen](#) to learn more or sign up!

Parent Support Group

Our school's **Parent Support Group (PSG)** administers, reports, and applies for gaming grants from the BC Provincial

Government and uses the grants to fund extracurricular activities for our students. BC Gaming guidelines stipulate that parents of the school decide how these funds are disbursed. Our PSG uses guidance from staff and administration to best determine need. At STA, we have a PSG committee of three parents and will soon hold an election to fill three vacant roles.

Potential candidates who would like to join the PSG should understand their role and responsibilities prior to seeking election. All elected members of the PSG will need to familiarize themselves with the [Community Gaming Grants – 2026 Program Grant Guidelines](#).

For more information about the role of the PSG, click [here](#). If you are interested in a role on the PSG for the 2026-27 school year, please complete both of the forms below before **Monday, June 8**.

- To complete a nomination form, click [here](#).
- To complete an application, click [here](#).



Community Gaming Grants
2026 Program Grant Guidelines

For more information, contact psq@aquinas.org.